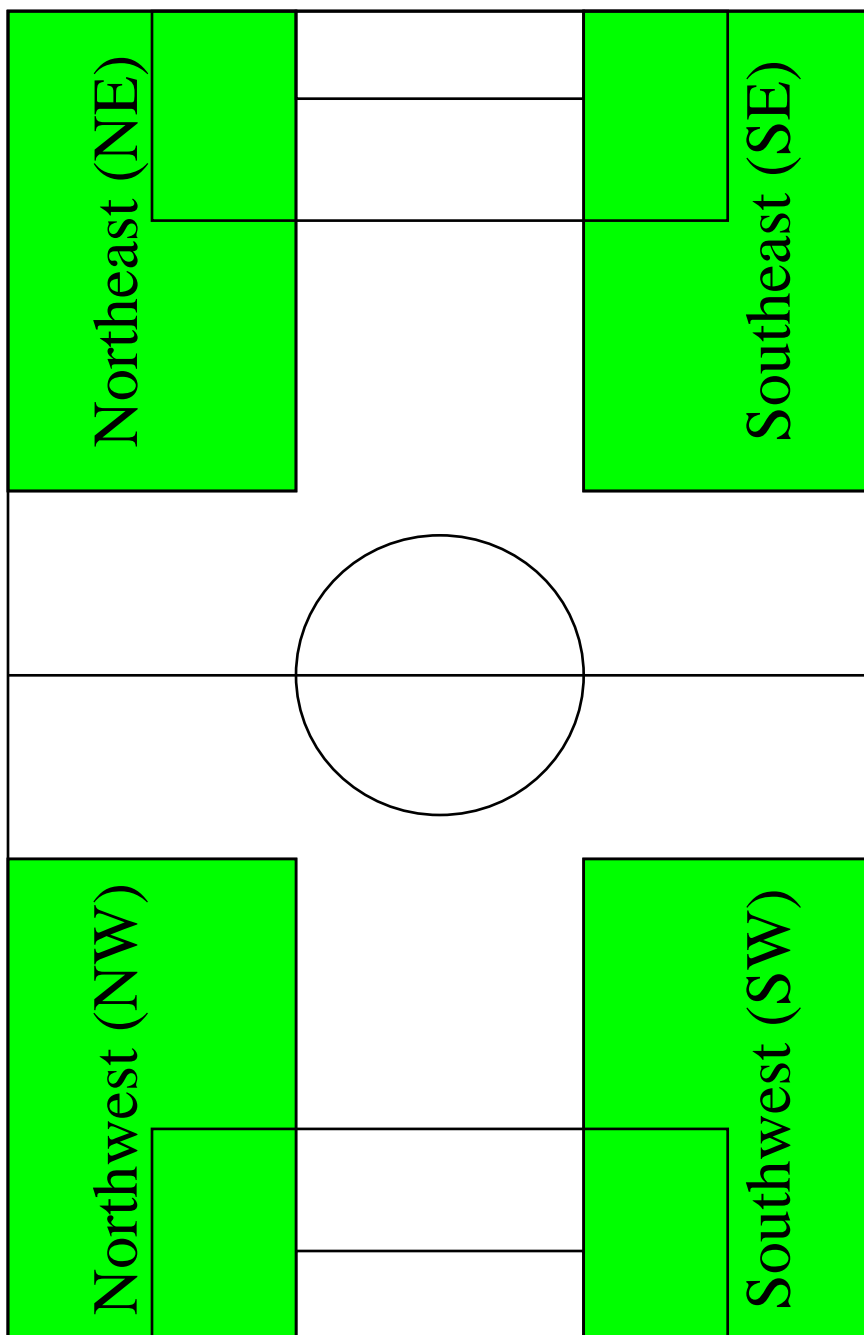


Newburgh Pepsi-Cola Youth Soccer Mountain Dew Field Layout Amax Field 1



Concession
Stand



Parking Lot



Newburgh Pepsi-Cola Youth Soccer Mountain Dew Coaches Mtg



Playing Rules

- Unstructured play
- Provide an opportunities for players to learn
- Field - 35 yards x 25 yards
- Goals - 4' x 6'
- Ball - Size 3
- Play is 4v4 - balance if short, maximum of 7 players per team
- No Goalkeepers
- Shinguards required
- Cleats not required but if purchased make sure they are not baseball cleats
- No Referees - coaches & parents on field
- Throw-ins or Kick-ins are okay
- Each player plays 50% of game
- No jewelry except medical bracelets
- Bring water

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👉 Flight & Team Structure - Flight VPs

- Currently 136 players
- 7 players per team max
- 32 Teams - 4 Flights of 8 Teams Each
 - ⑦ Flights A, B, C, D
 - ⑦ Teams 1, 2, 3, 4, 5, 6, 7, 8 within each flight
 - ⑦ Identify Flight VPs - Assign Team 1
 - ⑦ Assign Team Numbers 2-8 (Random)
- Circulate Coaches List then Copy

👉 All Activities held Saturdays at Amax

- 4, 1-Hour Sessions
 - ⑦ Noon, 1:30pm, 3:00pm, & 4:30pm

👉 Practice Dates (2)

	<u>Flight A</u>	<u>Flight B</u>	<u>Flight C</u>	<u>Flight D</u>
August 22	Noon	1:30pm	3:00pm	4:30pm
August 29	1:30pm	3:00pm	4:30pm	Noon

- Field are not assigned
- Coaches must arrive at 11:45am to set-up goals before the noon session.
- Coaches must tear down goals and return to storage barn after the 4:30pm session.

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👉 Game Dates (7)

	<u>Flight A</u>	<u>Flight B</u>	<u>Flight C</u>	<u>Flight D</u>
September 12	3:00pm	4:30pm	Noon	1:30pm
September 19	4:30pm	Noon	1:30pm	3:00pm
September 26	Noon	1:30pm	3:00pm	4:30pm
October 3	1:30pm	3:00pm	4:30pm	Noon
October 10	3:00pm	4:30pm	Noon	1:30pm
October 17	4:30pm	Noon	1:30pm	3:00pm
October 24	Noon	1:30pm	3:00pm	4:30pm

- Game schedule (with field and opponent) will be available on August 29

👉 Typical Game Day

	Noon <u>Session</u>	1:30pm <u>Session</u>	3:00pm <u>Session</u>	4:30pm <u>Session</u>
Set Up	11:45am	-----	-----	-----
Skill Clinic (10)	Noon	1:30pm	3:00pm	4:30pm
Practice (20)	12:10pm	1:40pm	3:10pm	4:40pm
Game (30)	12:30pm	2:00pm	3:30pm	5:00pm
Drinks	1:00pm	2:30pm	4:00pm	5:30pm
Tear Down	-----	-----	-----	5:30pm

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Skill Clinic Assignments

September 12	Teams 7 & 8
September 19	Team 6
September 26	Team 5
October 3	Team 4
October 10	Team 3
October 17	Team 2
October 24	Team 1 (VP) - Awards Day

Skill Clinic Ideas

- Kicks off your session - gather all teams around the center circle
- Keep it simple & fun
- Demonstrate a Skill - Dribbling, Shooting, Passing & Trapping, Throw Ins, Etc.
- Demonstrate a Game - Sharks & Minnows, Crab Soccer, Red Light / Green Light, Others from *Coaching Clinic* (use your team)
- Invite friends (i.e High School or Jr. High School Players) to help if you like